RQW
December 16, 1984

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Session 4: Pushing Out

Summary: Trying to make contact. If we call them they will respond. Engage in a dialogue, dismiss your fear. Being able to hear their response and to verbalize. This is a skill to be developed. Bob states, “I always want to know what we're really doing here in this physical matter reality, where we appear to be confined to bodies and limited in our abilities, what are we doing here? And how can we hasten the process of change.” The entities attempt to break through but Rita can not get out of the way.

Report by Daniel Erickson